

## ABSTRACT OF DISCLOSURE

A personal thermotherapy instrument formed by fastening and fixing as one body is provided with a collapsible folding type frame to a lower part of a thermotherapy system so that the thermotherapy system can be stored in a folded position by the folding type frame. The thermotherapy is provided with a separation unit to externally expose only thermotherapy components, such as a spinal corrector and a foot pressure plate provided on the folding type frame, in performing an after-sale service.